



Agreement between the White Bluff POA and Fitness Center Member

- 1) **Access:** All White Bluff Fitness Center Memberships shall be for a 6-month or 12-month Membership. Members will have access to the facility 7 days per week 24 hours per day. Access cards shall be issued to paid members, and for member safety, doors should not be opened for anyone who does not possess the access card. Only members in good standing shall have use of the facility. Neither guests nor visitors are allowed. No children under the age of 13 will be permitted to use the facility. An adult must accompany children under the age of 15. Sixteen and Seventeen year olds may exercise alone, but a parental signature will be required.
- 2) **Payments:** Payments can be made at the POA office at 20022 Misty Valley Circle.
- 3) **Usage:** It is expressly agreed that all exercise and use of the facility shall be undertaken at the individual's risk, and that each person certifies that he/she is physically able to undertake any and all physical exercise provided by the White Bluff Fitness Center (WBFC). Each member acknowledges that the WBFC shall not be liable for any claims, demands, injuries, actions or causes of action, whatsoever, to persons(s) using the facility or the property, arising out of or connected with the use of any of the services or facilities of the WBFC and is relieved from all such claims, injuries, damages actions, or causes of actions and from all facts of negligence on the part of the WBFC its agents or employees. All personal trainers will be personally responsible for his/her clients on the property.
- 4) **Medical Analysis:** Any person using our facilities hereby stipulates that he/she has had medical approval to proceed with a normal routine of exercises.
- 5) **Apparel:** Modest workout attire, shoes and shirts will be required at all times. The WBFC has sole discretion to determine appropriate attire.
- 6) **Conditions of Facility:** Proper use and care of equipment is required at all times. All persons training will return all free weight apparatus to the proper area or rack. Courteous behavior is required at all times. We ask that all members respect those in the facility by refraining from foul language and loud music. Persons preferring music are permitted to bring only a personal headphone system. All drinks must be in spill proof containers and no food is permitted in the facility. The facility is outfitted with monitored security cameras for the benefit of both the member and WBFC. Repeated violations of WB policies will result in termination of access to the facility.



- 7) **Damage to Facility:** Members using the facility shall be responsible to pay the cost of repair for damage arising from any careless use of equipment by the member.
- 8) **Rights of the facility:** Members of the WBFC agree that the WBFC in its sole discretion may cancel any person's access for any violation of the policies. WBFC also reserves the right to remove and or replace any equipment in the facility.. It is further agreed that all policies, services, hours, and rates are subject to change, usually with notice, at the sole discretion of WBFC.
- 9) **Lost or Stolen Items:** It is understood and agreed that the WBFC, its employees and agents, are not responsible for lost or stolen personal property.

Please INITIAL each paragraph to indicate agreement:

_____ I understand that the WBFC is under camera surveillance.

_____ I have read the policies and agree to abide by these policies, or facility access will be denied.

_____ I hereby declare that I am in good health and have recently been examined by a physician who states that I am capable of training with no physical disabilities.

_____ I understand that no individual is responsible for my personal training. I have trained in the past and am fully aware of safe practices and routines that are beneficial to me. If not familiar, I will diligently seek advice from personal or written sources until I am knowledgeable – even to the extent of hiring a personal trainer if needed. Therefore, I am solely responsible for my actions relating to exercising, and no other person, employee, supervisor, or staff of this facility, or persons involved with the equipment are responsible for my actions.

_____ I understand that all information given to the WBFC is strictly confidential and will not be shared with other mailing lists or a third party for solicitation purposes.

In order to be a member with access to the use of equipment/facility, I understand that the Six-month or Annual fee is due by the first of the month for that period's usage (late on the 5th of the month). I also understand that I can terminate membership and payment at any time with notice given to the WBFC management in advance of the oncoming six-month or annual with no refund for partial month.



MEMBERSHIP Information

Name: First _____ M _____ Last _____

Age _____ Male _____ Female _____ Height _____ Wt. _____ DOB _____

Hair Color _____

Address: Street _____ City _____ Zip _____

Phone: Home/Cell _____ Work _____

Email _____

Emergency Contact: Name _____ Phone # _____

Signature _____

Parent/ Guardian _____

Date _____

Important Facts To Remember About Your Membership

_____ **No cancellations over phone**

_____ **Do NOT lend fob out!**

_____ **Proper clothing and footwear required at all times. No open toe shoes permitted while working out.**



_____ Do not release secured doors to any person while using the gym.

_____ Scan your individual fob upon entry.

(If coupled or a family, you still need to scan your individual fob if one is issued)

I HAVE READ AND UNDERSTAND THE ABOVE FACTS ABOUT MY GYM USAGE AGREEMENT WITH THE WBFC.

Member: _____ (primary)
_____ (dependent)
_____ (dependent)
_____ (dependent)
_____ (dependent)